

|| mrutyunjaya mahaa mantraha ||

|| samhita paaThaha ||

tryambakam yajaamahe sugandhim pushTi vardhanam |
urvaarukamiva bandhanaan mrutyor muksheeya maamrutaat ||

|| ghana paaThaha ||

tryambakam yajaamahe yajaamahe tryambakam tryambakam yajaamahe sugandhigm
sugandhim yajaamahe tryambakam tryambakam yajaamahe sugandhim |
tryambakamititri - ambakam ||

yajaamahe sugandhigm sugandhim yajaamahe yajaamahe sugandhim
pushTivardhanam pushTivardhanagm sugandhim yajaamahe yajaamahe sugandhim
pushTivardhanam |

sugandhim pushTivardhanam pushTivardhanagm sugandhigm sugandhim
pushTivardhanam | sugandhimitisu - gandhim pushTivardhana - mitipushTi -
vardhanam ||

urvaarukamivevorvaaruka - murvaarukamiva bandhanaadbandhanaadi vorvaaruka -
murvaarukamiva bandhanaat |

iva bandhanaadbandhanaadiveva bandhanaanmrutyo - rmrutyo - rbandhanaadiveva
bandhanaanmrutyoho |

bandhanaanmrutyo - mrutyorbandhanaadbandhanaanmrutyo - rmuksheeya muksheeya
mrutyo - rbandhanaad bandhanaan mrutyor muksheeya |

mrutyor muksheeya muksheeya mrutyormrutyo - rmuksheeya maa maa muksheeya
rmrutyormrutyo - rmuksheeya maa |

muksheeya maa maa muksheeya muksheeya maamrutaadamrutaanmaa muksheeya
muksheeya maamrutaat | maamrutaadamrutaanmaa maamrutaat |
amrutaadityamrutaat ||